

# Lexington Parks and Recreation

## Adult Co-ed Kickball Rules

Updated 9/23/21. Subject to change

### 1. FIELD:

- The center of the pitching area is in the center of the diamond, at approximately 42 feet. It is directly aligned with the first base / third base diagonal.
- The strike zone extends to 1 foot on either side of home plate, and 1 foot high. If any part of the ball falls within the zone, then it is a strike.

### 2. TEAMS:

- Game play shall consist of a maximum of eight (8) players on the field and a minimum of (five) 5 players. One of the players must be catcher. There is no maximum to the number of players on your team roster. Failure to field 5 players will result in a forfeit.
- Home Team will finish kicking
- All players can kick, even if they are not playing in the field. (NOTE) If a player is injured during play and cannot continue this WILL NOT result in an automatic out. However, if a player is ejected or has to leave the game for any reason other than an injury this WILL result in an automatic out when it is their turn to kick.
- The kicking order must be set before the game begins; a player who kicks out of turn will be declared out.

### 3. REGULATION GAMES:

- Games will last for 60 minutes or 7 innings, whichever comes first. (NOTE) If the home team is losing at the conclusion of the 60-minute time limit or the top of the 7th inning the inning will continue.
- Unlike baseball, there are no extra innings; the game can end in a tie. Any team that is not ready to take the field within 5 minutes after the scheduled kick off time shall forfeit the match.
- There is a limit of five (5) runs per inning except for the last inning.
- Teams can score unlimited runs in the 7th inning ONLY.
- Forfeits will be recorded as a 10-0 score.
- If weather prevents a game from being played, a rescheduling will be attempted, but not guarantees that it will be replayed.
- A game will count as complete if 4 full innings have been completed.

#### **4. PITCHING/CATCHING:**

- No bouncing of the ball to the kicker higher than one foot (as measured from the bottom of the ball). If the ball is bouncing higher than 1 foot off the ground when it reaches the plate then it is a ball; however, the kicker does have the option of kicking it if he/she wishes.
- The pitcher must stay inside the pitching area on the mound until the ball is kicked. If the pitcher crosses outside the pitching area, an illegal pitch will be called. The kicker does have the option of kicking it if he/she so chooses, and takes the result of that play.
- The catcher must be positioned at least 3 feet from the kicker and behind the plate until the ball is kicked.
- The catcher cannot interfere with the kicker.
- The count begins at 1 ball, 1 strike.
- Pitching must be underhand only.

#### **5. KICKER:**

- All kicks must be made by foot.
- All kicks must be taken at or behind the home plate or a strike will be called.
- If the ball is kicked in front of home plate and the kick is caught 'out' by a fielder (or a force out occurs), the kicker is out.
- All kicks must pass the pitcher's mound to be considered fair. NO BUNTING.
- Kickers may not stop the ball with their foot and then kick it.

#### **6. FIELDING:**

- No fielder may advance forward from the 1st - 3rd base diagonal line until the ball is kicked.
- All kicked balls are considered live balls. If a ball is kicked in foul territory and is caught, this is an out. If the ball is misplayed or dropped in foul territory, this will be considered a foul ball.

#### **7. RUNNING:**

- Runners must stay within the base line. Fielders must stay out of the base line unless they are attempting to tag the runner or catch the kicked ball.
- Fielders trying to make an out on base may have their foot on the base (except for first), but must lean out of the baseline.
- If a fielder attempts to physically obstruct a runner from advancing, the runner may advance as many bases as they would have potentially earned had they been able to run unobstructed. This is a judgment call by the official.

- It is the responsibility of the runner to avoid a collision. Ties go to the runner. Pursuant to the ASA Rule, when a defensive player has the ball and the runner remains upright and crashes into the defensive player, it is considered a "crash". If the act is determined to be flagrant, the offender shall be ejected.
- A runner leading off the base before the ball is kicked, is out.
- Hitting a runner with the ball above the shoulder level is not allowed and the runner is safe and advances one (1) base except for the following situations:
  - If the runner intentionally uses their head the runner is out.
  - If the runner is ducking, diving or sliding (i.e. attempting to dodge the ball) and is hit in the head because of this, it is an out.
- If the runner intentionally hits or kicks the ball out of bounds after being tagged out, the ball is dead and all runners must return to their original bases.
- On an overthrow, all players advance as far as they can get, even if the ball is out of bounds.
- When two runners are on the same base at the same time, the fielder has the choice of tagging either runner with the ball. The runner who is tagged is out and the other runner is safe and may stay on the base.

#### **8. FOULS:**

- A foul counts as a strike even on the third strike.
- A foul is:
  - A kick landing out of bounds.
  - A kick landing in bounds, but traveling out of bounds on its own before reaching first or third base (any ball touching a fielder in fair territory is automatically in play).
  - A kick that does not meet the minimum kick requirement (1st - 3rd base diagonal).

#### **9. OUTS:**

- A count of three (3) outs by a team completes the team's half of the inning.
- An out is:
  - Count of three (3) strikes.
  - A runner touched by the ball at ANY time while not on base.
  - A runner who is on the same base with another runner and is tagged with the ball.
  - Any kicked ball (fair or foul) that is caught.
  - A ball tag on a base to which a runner is forced to run.
  - A runner leading off base before a ball is kicked.

- Hitting the base with the ball does NOT count as an out. The fielder must hit the runner with the ball or maintain control of the ball on the base on a forced run.
- Once the pitcher has the ball in control and is inside the area of control, the play is over. Play will resume once the next pitch is thrown.

## 10. PLAYOFFS

- All teams will be included in the playoffs
- Playoff structure will be based on the total number of teams in the league.
- Should a tie exist at the conclusion of the regular season play, the following method will determine the playoff seeding.
  - Head-to-head competition between teams involved.
  - Point differential (point scored minus points allowed) in head-to-head games.
  - Coin flip

## OTHER RULES:

- Foul language is not allowed.
- All players are responsible for controlling their team and teammates.
- Teams are responsible for keeping track of the batting orders.
- If a rule is not otherwise stated, the referee will make the decision based on his or her judgment.
- There is NO Infield Fly Rule.
- Fighting (verbal or physical) is not allowed and will NOT be tolerated. All parties involved in fighting will be subject to ejection from the game at the referee's discretion and subject to suspensions.
- Player Ejections – Any player or manager who is ejected from a game is automatically ineligible for that team's next game. Any player or coach who is ejected from at least two games shall be suspended from league competition unless reinstated by the Program Supervisor. Any player or manager who, in the opinion of the Program Supervisor is detrimental to the function of the league shall be barred from the league. Any player ejected for any reason may be suspended or ejected out of the league. This includes any incident before, during or after games. The end of a game will not protect players or managers from discipline and penalties.
- NO ALCOHOLIC BEVERAGES are allowed on or near the fields at any time. Team is subject to suspension if players, coaches, or spectators have alcohol on the premises.
- NO TOBACCO PRODUCTS are allowed on or near the fields at any time.